

Last revised [30/09/2017]: if this changes, you may need to re-read.

Things to bring to, and know about at, the VMC UK Playshop 2017 26th - 29th October, 2017.

Dates and Times:

Arrive in time for sustaining dinner at **19h00 on 26OCT17**.
We start the program with drum call at 20h00; the first teaching session starts at 20h30.

The Lodge is fully booked until Thursday night. If you want to arrive early, please make your own arrangements with local accommodation, a list of which has been sent out.

Drumming

If you can, bring a drum *and* one each of percussion types wood, metal and shaker. This is what you should bring to any drum circle that you go to, so that you're prepared to balance out the timbres, and ready for any all-percussion activities.

You will also need, for the closing ceremony, **some string or ribbon** – thicker than thread; thinner than rope – about two feet/60cms long. If it has significance for you, so much the better. Please note that you will be leaving it behind.

Personal comforts

Bring your own towels – bedding is provided, but towels aren't.

Warm, wind-and water-proof clothing for outside, lots of layers. Don't forget head-covering and stout footwear.

Warm, comfortable clothing for inside.

Don't forget head and feet covering. Cosy slippers, or slipper-socks.

Dig out your hot-water bottle and test it for leaks. Not essential, but comforting.

Bring a torch. Some events may be away from the main house.

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Thermal/commuter mug with a lid. (No uncovered drinks in drumming rooms)

Food

Long way to shops. Bring your medications; favourite food/snacks.

Download and Print and Bring – this is your preparation.

All the information that you will need will be uploaded here to the Grumpy's Corner" section.

Print out at home and bring with you Chapter 4 of Arthur's Book (if you haven't got your own copy) **and** the **Workbook** from the 'Files' section. You will be printing about 60 pages in all.

- Or bring them on a tablet/laptop.

The Playshop is based on the Workbook: *you must have access to a copy whilst you are here.*

Please download and save it, and please bring it with you either printed out or on your laptop or tablet.

To reduce expense and waste, we will not print 'spare' copies.

If you can't print it for any reason then, provided you give us plenty of notice, we can print one for you in advance, for which there will be a cost-covering charge of £10.00.

We will *not* be able to do this once the Playshop has started.

Get your copy of Drum Circle Facilitation by Arthur Hull . . .

. . . if you can.

It's obtainable from Amazon in your country.

We will have a limited number of copies for sale at the Playshop

- Steve Hill
30SEP17